

WHAT IS RADON?

A gas that forms when uranium, radium and thorium break down in rocks, soil and groundwater.

Second Leading Cause of Lung Cancer.

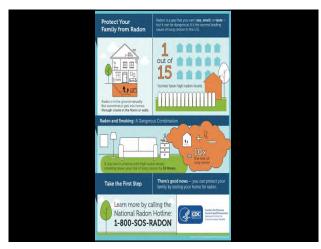
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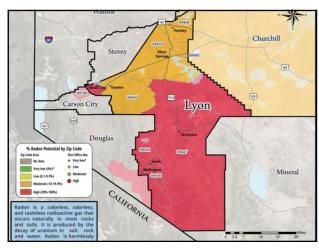
High Levels of Radon Exposure: Risk Factor Gestational Diabetes?

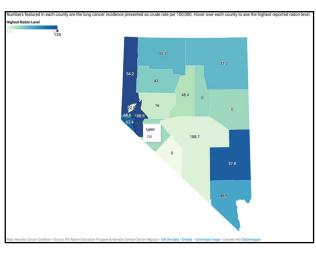
Medpagetoday.compublichealthpolicy Jan. 10,2025

Population –based cohort study 9,107 mothers- to –be High Radon Levels (<u>>2 pCi/L</u>) VS Low Radon Levels (1 pCi/L)

- 1. 37% greater chance of gestational diabetes
- 2. BUT no association among mothers who never smoked or had a $\mbox{BMI} < 26.$







Cancer Mort	ality 2020
Cancer Type	Estimated U.S. Deaths in 20204
1. Lung and Bronchus	135,720
2. Colon and Rectum	53,200
3. Pancreas	47,050
4. Breast	42,690
5. Prostate	33,330
6. Liver and Intrahepatic Bile Duct	30,160
7.Leukemia	23,100
Radon-Induced Lung Cancer	21,100*
8. Lymphoma (Combined Hodgkin & Non-Hodgkin)	20,910
9. Brain & Other Nervous System	18,020
10. Urinary Bladder	17,980
11, Esophagus	16,170
12. Kidney and Renal Pelvis	14,830
13. Ovary	13,940

Radon Risks if You've Never Smoked If 1,000 people who neversmoked were ex-posed to this level over a lifetime*... The risk of cancer from radon exposure compares to**... WHAT TO DO: Fix your home 20 pCi/L About 36 people could get lung cancer 4 35 times the risk of drowning 4 20 times the risk of dying in a home fire 4 4 times the risk of dying in a fall About 15 people could get lung cancer Fix your home 8 pCi/L 4 pCi/L ◆ The risk of dying in a car crash Fix your home About 2 people could get lung cancer 1.3 pCi/L (Average indoor radon level) 0.4 pCi/L (Average outdoor radon level) e: If you are a former smoker, your risk may be higher. Itime risk of lung cancer deaths from EPA Assessment of Risks from Radon in Homes (EPA 402-R-03-003).

Radon Level	If 1,000 people who smoked were exposed to this level over a lifetime*	The risk of cancer from radon exposure compares to**	WHAT TO DO: Stop Smoking and
20 pCi/L	About 260 people could get lung cancer	4 250 times the risk of drowning	Fix your home
10 pCi/L	About 150 people could get lung cancer	4 200 times the risk of dying in a home fire	Fix your home
8 pCi/L	About 120 people could get lung cancer	4 30times the risk of dying in a fall	Fix your home
4 pCi/L	About 62 people could get lung cancer	4 5 times the risk of dying in a car crash	Fix your home
2 pCi/L	About 32 people could get lung cancer	4 6 times the risk of dying from poison	Consider fixing between 2 and 4 pCi/L
1.3 pCi/L	About 20 people could get lung cancer	(Average indoor radon level)	(Reducing radon levels
0.4 pCi/L		(Average outdoor radon level)	2 pCl/L is difficult)

Myths and Facts

MYTH: Scientists aren't sure radon really is a problem.

FACT: All major health organizations (Centers for Disease Control, the American Lung Association and the American Medical Association) agree with estimates that radon causes thousands of preventable lung cancer

that radon causes thousands of preventable lung cance deaths every year.

MYTH: Radon testing is difficult, time consuming and expensive.

FACT: Radon testing is easy. You can test your home yourself or

hire a qualified radon test company.

10

MYTH: Homes with radon problems can't be fixed.

 $\label{eq:FACT: There are simple solutions to radon problems in homes.}$

MYTH: Radon only affects certain kinds of homes.

FACT: House construction can affect radon levels. However, radon

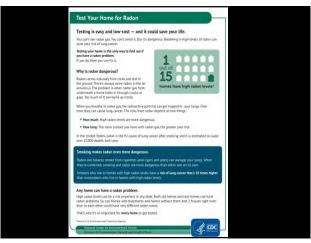
can be a problem in homes of all types: Local geology, construction materials, and how the home was built are among the factors that can affect radon levels in homes.

MYTH: A neighbor's test result is a good indication of whether your

home has a problem.

FACT: It's not. Radon levels can vary greatly from home to home. The only way to know if your home has a radon problem is to test it.

11



My House in Hidden Valley Downstairs					
Befo	re Mitigation	After Mitigation			
TV ROOM	4.6pCi/L	<0.6pCi/L			
BEDROOM	6.0pCi/L	<0.6pCi/L			
CELLAR	17.4pCi/L	<1.0pCi/L			





