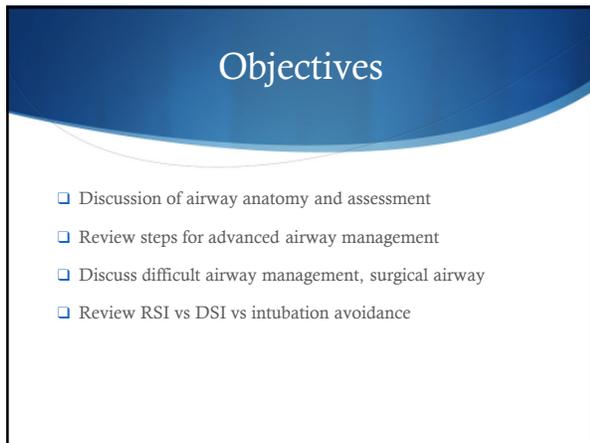
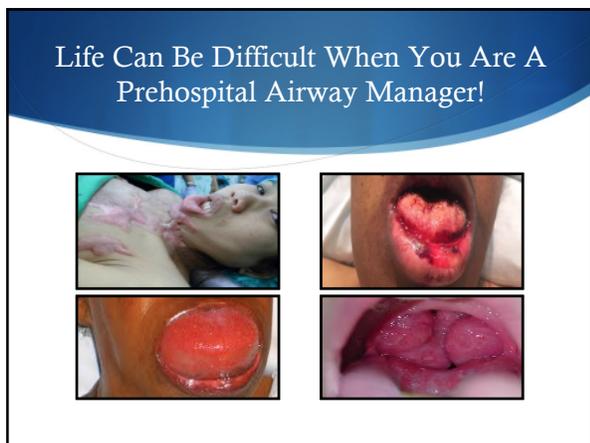


1



2



3



Things that make you go hmmm . . .

4

People expect us to know things. I mean, c'mon, sometimes we may be having an "off day" right?



5

And Who Could Forget Our Friend Murphy?

Murphy's Laws of Airway Management

- Anything that can go wrong, will go wrong. Usually all at the same time.
- The most important piece of equipment will either be lost or will break in the middle of the procedure.
- If you're confident about an intubation, don't worry, that will pass quickly.
- The severity of hypoxemia is proportional to the Mallampati class multiplied by the gastric residual volume.

6

Uh...Uh...Uhh...Uhhh...



7

There are the patients we want to see . . .



8

But the patients we usually see!



9

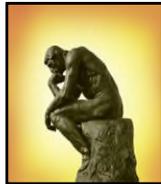
In reality, most times managing an airway does not have to be difficult if you use your head,



10

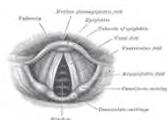
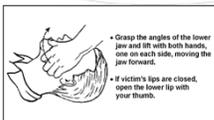
Follow a few basic rules

- S Stay calm and maintain your focus.
- S Hope for the best but prepare for the worst.
- S Have a plan (training & algorithms)
- S Make sure everyone is aware of your plan.
- S Have an alternate plan.
- S Remember the basics.

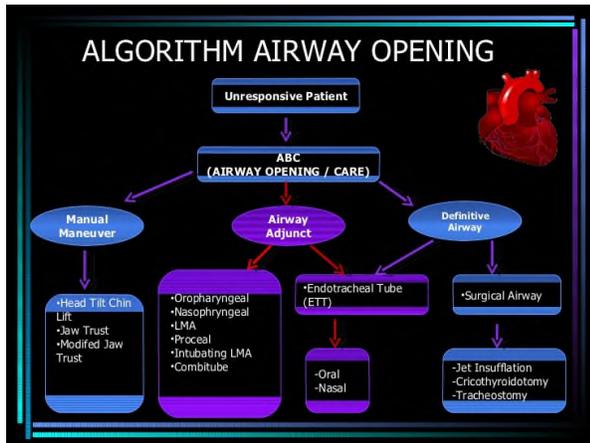


11

And Recall Your Training



12



13

Difficult Airway Factors

- Morbid obesity
- Beard
- Immobility
- Poor dentition
- Lung & CV disease
- Edematous
- Chronic oxygen use

A photograph of a man with a full beard and morbid obesity sitting on a couch. He is wearing a blue and white striped shirt and floral patterned pants.

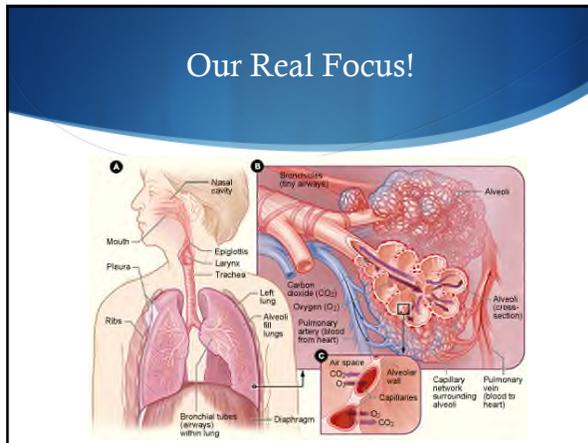
14

Difficult Airway Management is a TEAM SPORT!

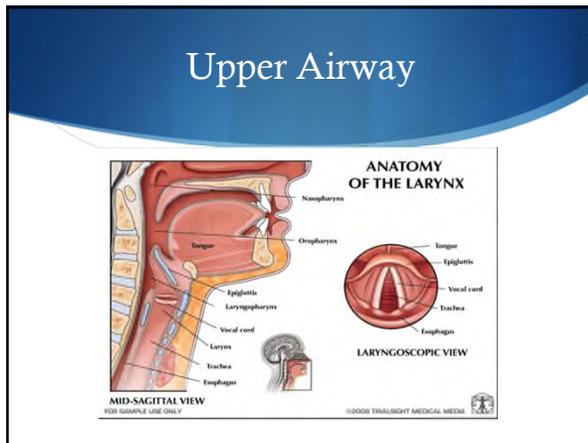
TRY DOWN AND TO THE RIGHT.

A cartoon showing two EMTs in blue uniforms assisting a patient in a wheelchair. One EMT is leaning over the patient, and the other is standing behind. A speech bubble from the standing EMT says "TRY DOWN AND TO THE RIGHT."

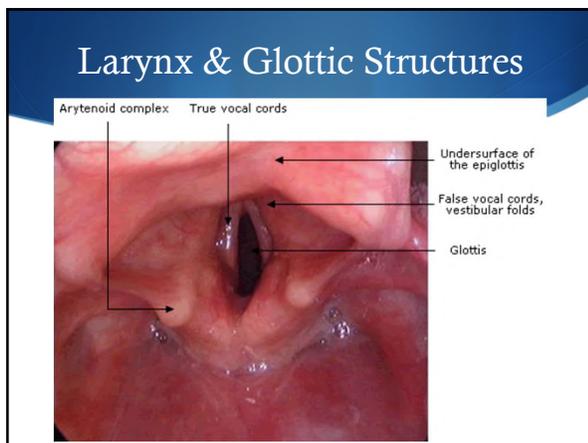
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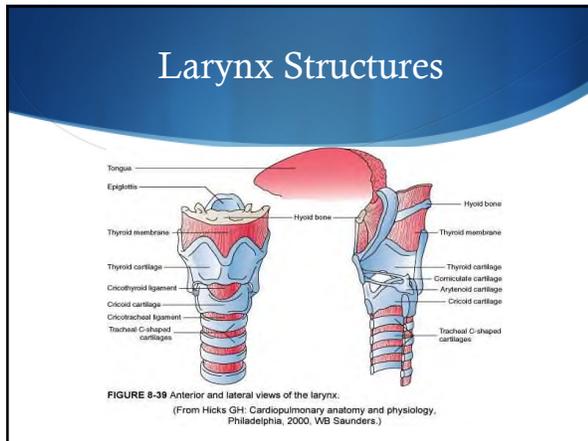
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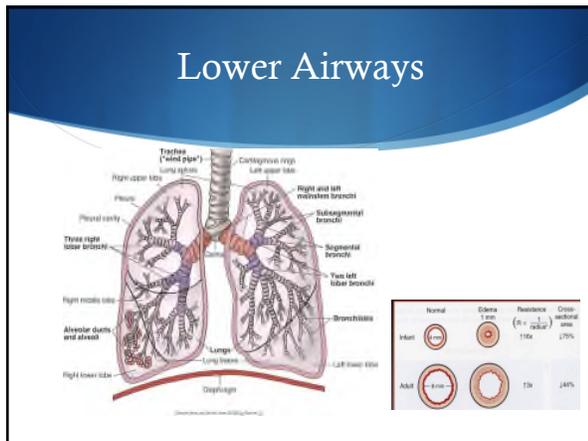
17



18



19



20

Respiratory failure

- S Type I – O₂ problem
 - S PNA, ARDS

- S Type II – CO₂ problem
 - S COPD, asthma, CHF
 - S Compensatory mechanism for metabolic process

- S Type III – airway problem
 - S Edema, AMS (central), trauma

21

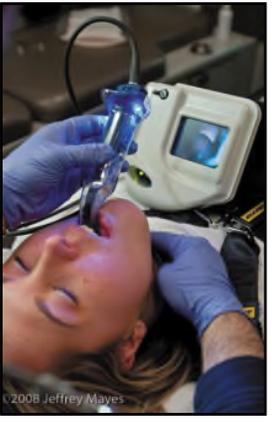
Why is This Important?

Because we need to know **WHEN** and **HOW** to act and the goals we are trying to achieve with our intervention

- Positioning?
- Suction?
- Nasal airway? (NPA)
- BVM ventilation?
- Oral airway? (OPA)
- Intubation?
 - Oral vs nasal
- Med-assisted ETI?
- DSI? / RSI?
- Mechanical ventilation?

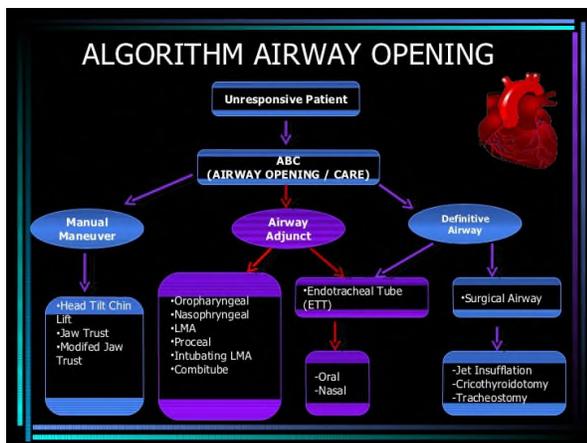
22

Airway Management Does NOT Mean Intubation



© 2008 Jeffrey Mayes

23



24

What is the anticipated clinical course?

- ❖ Most patients that require intubation have one or multiple indications discussed above, however. . .
- ❖ There is one group of patients that may not immediately exhibit inability to maintain airway patency, loss of protective reflexes, or inability to oxygenate or ventilate.
- ❖ Those patients whose clinical course is expected to deteriorate, or showing downward trending appearance should be strongly considered for “pre-emptive” and proactive intubation.

31

Expected Clinical Deterioration

Those patients who are expected to deteriorate due to worsening clinical condition or fail to oxygenate because of catastrophic illness or injury should be intubated early!

EXAMPLES:

- Stab wound to the neck with a hematoma
- Airway burns with signs of impending airway compromise.
- Traumatic brain injuries with signs of herniation.
- Sepsis with respiratory fatigue and ARDS.

32

Case Study Motorcycle vs. SUV



33

SUV Wins



- Patient is awake and alert
- C/O "Neck Pain"
- Audible stridor
- Minimal visible bleeding
- 172/86, 110, 22, 94% SpO₂
- Subcutaneous air in neck
- **THOUGHTS?**

34

Case Study #2 Fall From Roof



- GCS 10 (E₃, V₃, M₄)
- Bleeding from ears and mouth
- Not handling secretions well
- 168/112, 56, 8, SpO₂ 89%
- Pupils R-6mm, L-4mm
- Intermittent unconsciousness
- **THOUGHTS?**

35

Definitive Airway Control

How Do We Get There Successfully?



36

Follow a Few Basic Rules

- Stay calm and maintain your focus.
- Hope for the best but prepare for the worst.
- Have a plan (training & protocols)
- Make sure everyone is aware of your plan.
- Have an alternate plan.
- Remember the basics.



37

Indications For Intubation

The decision to intubate should be based on three fundamental clinical assessments:

1. **Is there a failure of airway maintenance or protection?**
2. **Is there a failure of ventilation or oxygenation?**
3. **What is the anticipated clinical course?**

Manual of Emergency Airway Management, 4th Edition
Walls, RM, Ed. Philadelphia, Lippincott 2012

38

Is there a failure of airway maintenance or protection? (Type III)

- Conscious and alert patients use upper airway musculature and protective reflexes to protect from aspiration and maintain airway patency.
- Clear, unobstructed phonation is strong evidence of intact protective reflexes maintaining a patent airway.
- As a rule, any patient who needs an adjunctive airway placed needs his/her airway protected.
- The gag reflex does not correlate well with airway protection and is of little clinical value when assessing the need for intubation. ENT studies show swallowing to be much more predictive of ability to manage/maintain airway patency.

39

Is there a failure of ventilation or oxygenation?

- Oxygenation of the vital organs (brain, heart, lungs) is the primary function of the respiratory system.
- If your patient is unable to ventilate or oxygenate sufficiently despite use of supplemental oxygen and adjuncts, then intubation is indicated.
- EXAMPLES:
 - COPD exacerbation with upward trending EtCO₂ - why?
 - Severe pulmonary edema after CPAP/BiPAP- why?
 - Severe hypovolemic shock with inability to maintain perfusion- why?
 - Pneumonia with sepsis – why?

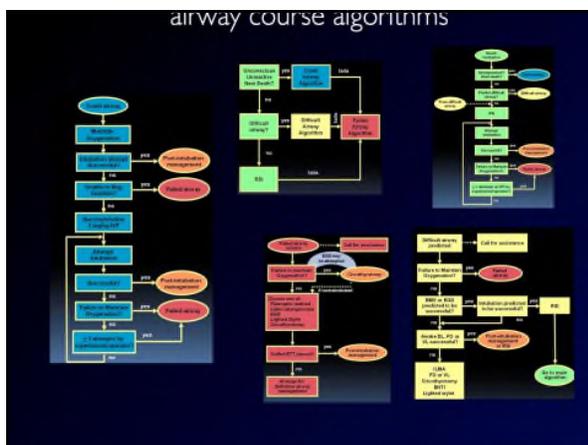
40

Now We Have Decided to Intubate, How Do We Do It?

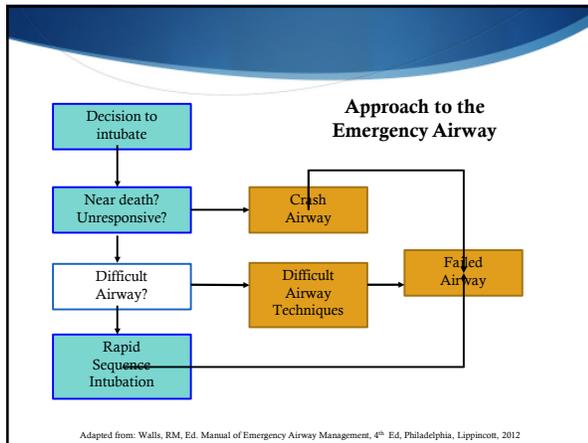
Using the Airway Algorithms

- Universal Airway Algorithm
- Difficult Airway Algorithm
- Crash airway Algorithm
- Failed Airway Algorithm
- RSI Algorithm

41



42



43

Decision to Intubate

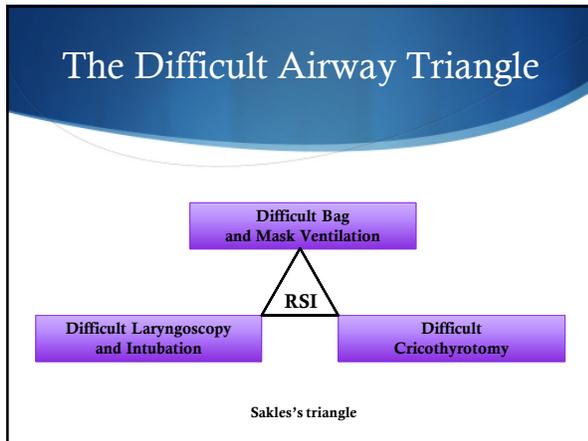
- Airway maintenance
- Oxygenation
- Ventilation
- Corrective intervention
- Expected course

44

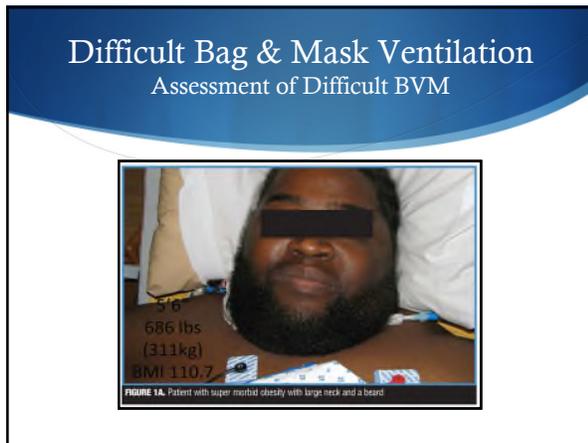
Decision to Intubate: Considerations

- Operator experience (most experienced laryngoscopist)
- Setting: prehospital vs in-clinic/hospital
- Potential for a difficult airway
 - 3-3-2 evaluation
 - L.E.M.O.N.
 - M.O.A.N.S.
- Never remove someone's ability to breathe if you cannot ventilate them, or think you can't!**

45



46



47

- ### Assessment of Difficult BVM
- S Consider the difficulty of BVM ventilation before administering medications!
 - S Everyone has a full stomach in our world.
 - S Have all equipment out and ready before you start.
 - S Five predictors of difficult BVM: facial hair, obesity, poor dentition or edentulous, elderly (> 55 yrs), snoring or sleep apnea history.

48

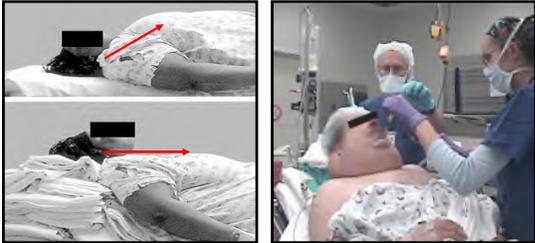
Difficult BVM: MOANS

- M**ask seal
- O**besity / obstruction
- A**ge > 55
- N**o teeth
- S**tiff lungs (COPD, asthma, ARDS)



49

Positioning the Obese Patient



50

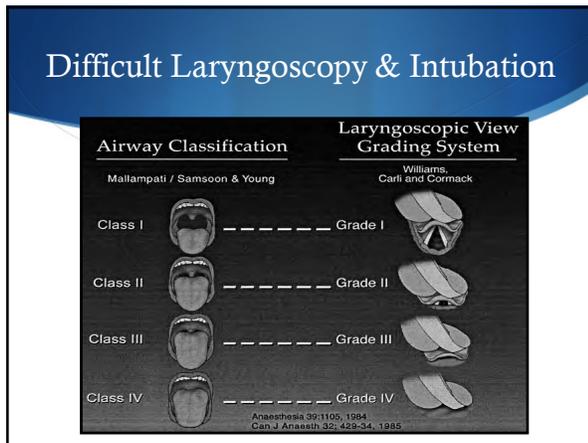


INTUBATION
Always occurs at table height, so never try to do it on the floor, ever.

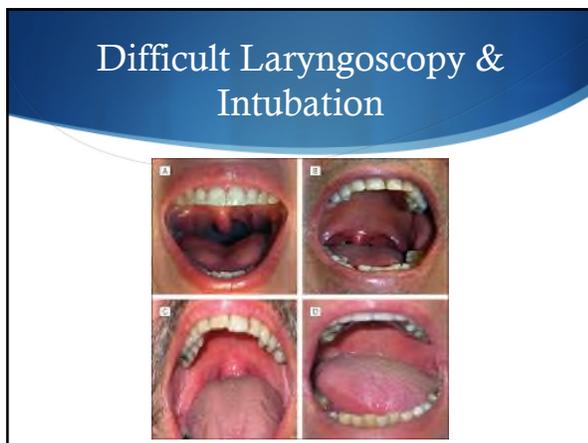
51



52



53



54

Difficult Intubation Assessment

- ❑ Cormack-Lehane eval is cumbersome and does not often work in our chaotic situations. Requires look with laryngoscope.
- ❑ Too little, too late
- ❑ We are pre-hospital providers and need an evaluation system that is simpler, faster, and easier.

55

Let's Talk LEMONS!

"LEMON" LAW of Evaluating Difficult Airway

- L**ook externally
- E**xamine (3-3-2)
- M**allampati grade
- O**bststruction
- N**eck mobility



56

LEMON: Look

Simple visual inspection often reveals obvious potential difficulties.



57

LEMON:
Examine 3-3-
2

Open mouth should be able to accommodate three fingers

Mouth opening for visualization of glottis

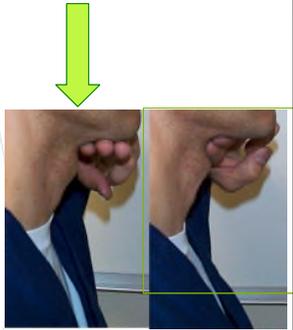


58

LEMON
Examine 3-3-
2

Measure the mandible. You should be able to fit 3 fingers between the mentum and the hyoid bone.

Tongue displacement

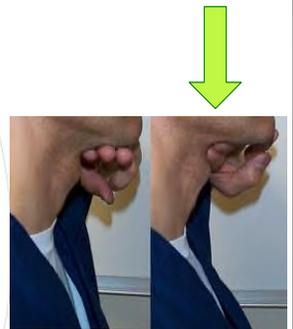


59

LEMON
Examine 3-3-
2

Assess the position of the larynx. You should get 2 fingers between the thyroid cartilage and the mandible

Larynx in relation to the base of the tongue.



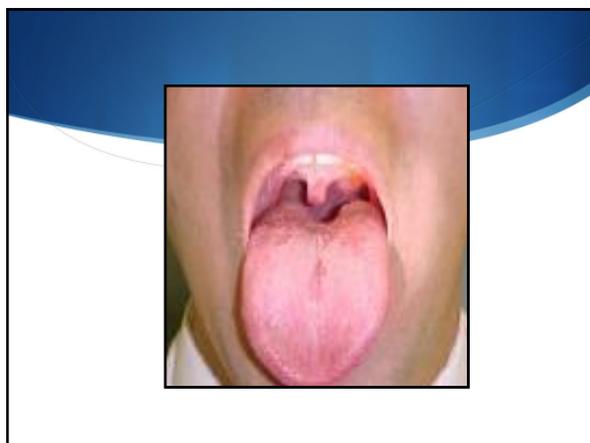
60



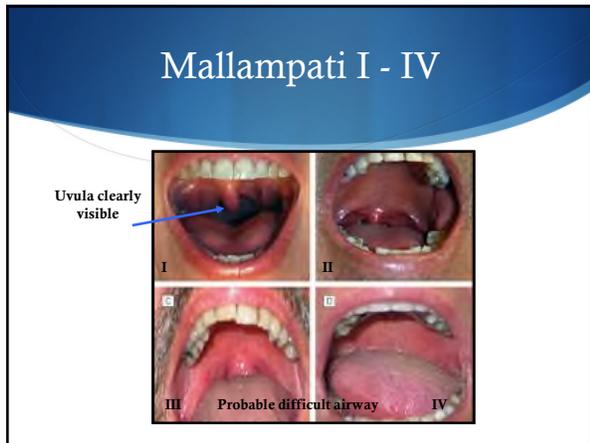
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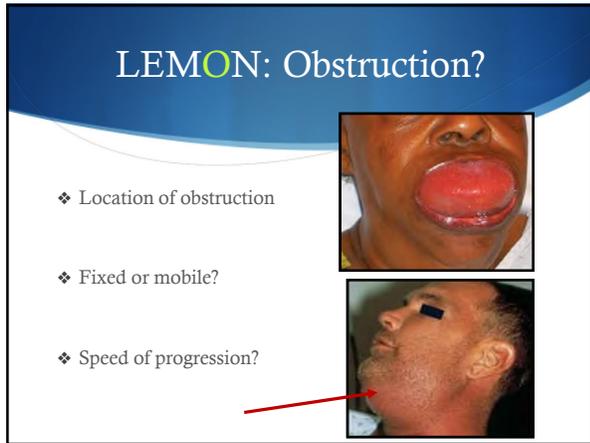
62



63



64



65



66

LEMON: Neck Mobility



How well can the patient extend and flex their neck?

Spinal immobilization / C-collar?
Remove anterior portion of c-collar
for intubation



Arthritis / cervical fusions

67

What is Your Assessment?



68

Assessment Now?



Top of Uvula visible

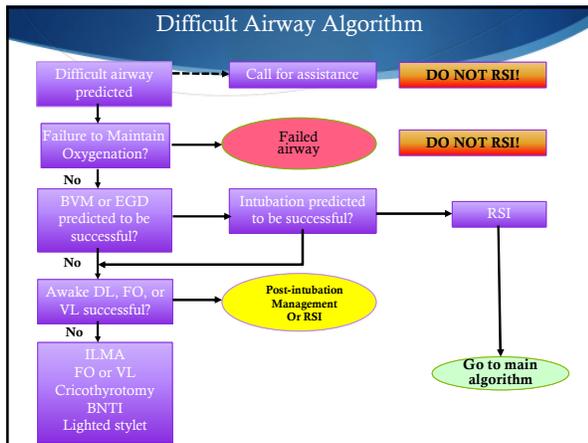
69



Difficulty Predictors

- C-spine immobilization
- Short, thick neck
- Facial hair (beard)
- Prominent upper incisors
- Face, neck, oral trauma
- Airway edema
- Laryngeal trauma
- High palate
- Dentures

70



71



- Always have equipment ready prior to intubation attempt, especially with anticipated difficult airways.
- Have rescue supraglottic airways ready (King, LMA, iGel)
- Be prepared with BVM and ready to assist ventilations.
- If unable to oxygenate, ventilate, or successfully intubate within 3 attempts (by most experienced intubator), then you have moved to the **FAILED AIRWAY** algorithm.

72

Failed Airway Algorithm

- **ALL AIRWAYS END IN ONE OF TWO WAYS:**
 - Successful intubation
 - Failed airway algorithm
- This is the EXPERIENCED bad airway 
- It is important to understand that to experience a failed airway does not mean you have failed the patient!

73

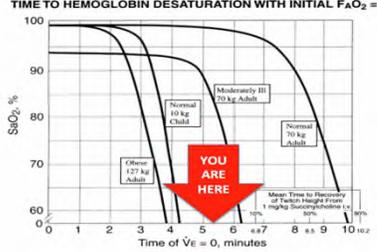
Failed Airway Causes

- Unable to intubate patient within 3 attempts by most experienced laryngoscopist.
 - Three attempts total. Not 3 each! What does your protocol say?
 - An attempt is considered from the time the laryngoscope tip enters the mouth and is withdrawn for any reason.
- Unable to maintain SpO₂ > 90% 

74

Desaturation Curve

TIME TO HEMOGLOBIN DESATURATION WITH INITIAL F_AO₂ = 0.87



The graph plots SpO₂ % on the y-axis (0 to 100) against Time of V̇E = 0, minutes on the x-axis (0 to 10). Four curves represent different patient groups: Obese 127 kg Adult (steepest curve), Normal 70 kg Child, Normal 70 kg Adult, and Morbidly Obese 200 kg Adult (shallowest curve). A red arrow points to the 6-minute mark on the x-axis with the text 'YOU ARE HERE'. A note indicates 'Mean Time to Recovery of Tachy Pnea from 1 night's Sleep Apnea is 10 min'.

75



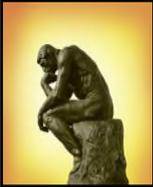
So now we have moved to the appropriate airway algorithm . . .

HOW DO WE INTUBATE THIS PATIENT?

79

Follow a Few Basic Rules

- Stay calm and maintain your focus.
- Hope for the best but prepare for the worst.
- Have a plan. Your protocols will guide you.
- Make sure everyone is aware of your plan.
- Have an alternate plan.
- Keep in mind the basics.



Remember that inability to intubate is not a failure! Inability to ventilate and oxygenate is!

80

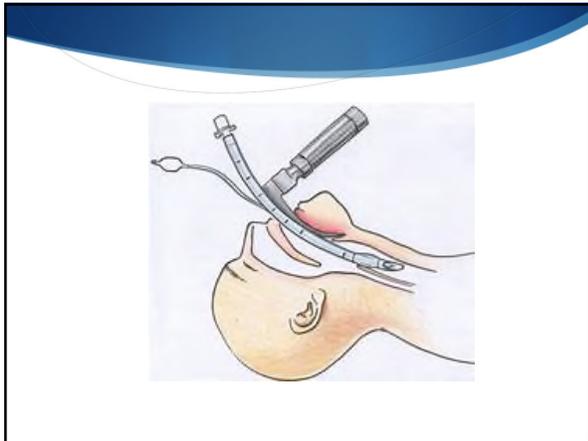


The Basics

- ◆ Ventilation and oxygenation are the TOP priorities.
- ◆ Patients do not die or suffer brain damage because you do not or cannot intubate them . .
- ◆ Patients die or suffer brain damage because you cannot or do not ventilate and oxygenate them.



81



82

The Seven P's of RSI

Timed Sequence of Events for a Healthy 80-kg Patient

1. Preparation	Zero minus 10 minutes
2. Preoxygenation	Zero minus 5 minutes
3. Pretreatment	Zero minus 3 minutes
4. Paralysis with induction	Zero _____
5. Positioning	Zero plus 20-30 seconds
6. Placement with proof	Zero plus 45 seconds
7. Postintubation management	Zero plus 1 minute



83

It is important to mention the often low success rates of prehospital RSI, sometimes 50% of first pass success, especially with a compressed timeline



Two photographs showing medical professionals performing RSI in a clinical setting. The left photo shows a team of three people performing RSI on a patient lying on a gurney. The right photo shows a team of four people performing RSI on a patient lying on a gurney.

84

Preparation

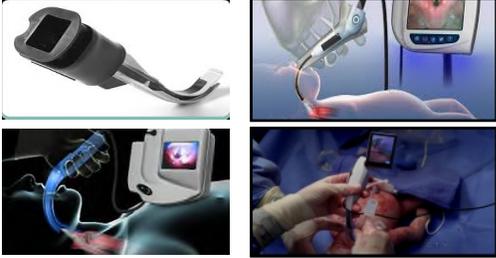
- Thorough assessment for difficulty of intubation
- Monitoring equipment
- Checklist, checklist, checklist
- IV access x 2
- Equipment checked and prepped
- You and your partner synched



85

Video Laryngoscopy

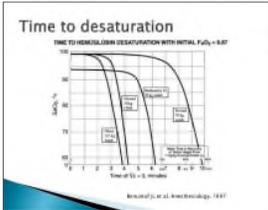
Which device do you use and are you proficient with it?



86

Preoxygenation

- No bag-mask ventilation whenever possible
- Nitrogen washout, increasing functional residual capacity (FRC) 30 ml/kg
- NC at 10+ lpm + NRB
- 3 minutes or greater
- 8 vital capacity breaths if pt. able



87

Preoxygenating Morbidly Obese Patients

- ❑ 25%+ elevation head up position for the entire procedure
- ❑ Oxygenation with a high flow nasal cannula 10+ LPM maintained till ETT position is confirmed with capnography may increase desaturation time < 92% to 3.5 minutes.



88

New(er) Trends in Airway Practice

- ❖ **Passive oxygenation**
 - ❖ Placing a NRB at 15 LPM on your patient a few minutes prior to your intubation attempt.
 - ❖ Then place a nasal cannula at 15-25 LPM while you are intubating and until the ETT is placed, verified with capnography, and secured.
 - ❖ Minimal amounts of PEEP /FRC are established, and studies validate the lengthening of desaturation times by up to two minutes.

89

Passive Oxygenation



90

Pretreatment

- A**sthma (reactive airway disease)
- B**rain (elevated ICP)
- C**ardiovascular (ischemia, vascular disease, aorta, ICH)
- Meds administered 3 minutes prior to induction/paralysis.

Lidocaine	Both	Fentanyl
Asthma	Brain	Cvs

91

Paralysis with Induction

- Rapid IVP of induction agent**
 - Etomidate
 - Ketamine***
- Followed immediately by rapid IVP of NMBA**
 - Succinylcholine
 - Rocuronium

- Be prepared for untoward effects from rapid administration of induction agents* with critical and hypotensive patients.
- Sepsis, extremely dyspneic, and hypotensive patients may likely deteriorate!
 - Consider preparation and use of push-dose pressors in these situations
 - Consider Delayed Sequence Intubation (DSI) to achieve MAP > 80 mmHg

92

Not So Rapid Sequence Intubation

It's All in the Wrist!

RYCHE GUERREIRO
Through Hell And Back

93

Definition:

“Rapid sequence intubation (RSI) is the administration, after preoxygenation, of a potent induction agent followed immediately by a rapidly acting neuromuscular blocking agent to induce unconsciousness and motor paralysis for tracheal intubation.”

Ron M. Walls, MD, Michael F. Murphy, MD
Manual of Emergency Airway Management, Fourth Ed, Lippincott Williams & Wilkins, 2012

94

In other words, the purpose of RSI is to render the patient unconscious and paralyzed and then to intubate the trachea without the use of bag-mask ventilation (whenever possible*), which may cause gastric distention and increase the risk of aspiration.

Ron M. Walls, MD, Michael F. Murphy, MD
Manual of Emergency Airway Management, Fourth Ed, Lippincott Williams & Wilkins, 2012

95

If Only It Was That Simple!



96

When to Consider RSI

Let's compare these next few slides to "Medication-assisted" intubation

- ❑ When an emergency intubation is indicated and the patient does not have difficult airway features that contraindicate use of NMBA's.
 - ❑ L.E.M.O.N. assessment
 - ❑ Large tongue, small mandible, large teeth, short neck
 - ❑ Obesity (BMI does not correlate to predict difficulty)***
 - ❑ Small mouth opening***
 - ❑ Poor 3-3-2 assessment***
 - ❑ Obstruction: muffled voice, difficulty swallowing secretions, stridor, sensation of dyspnea

97

MEDS



- Learn your medication profiles of action, indications, and contraindications.
- Have all meds drawn up and labeled prior to needing them.
- Consider patient weight, age, and co-morbidities when using any medication.
- Remember - **ALL medications and interventions have side effects**. Know what they are and how that will affect your patient and what you are trying to achieve.

98

Fentanyl



Schedule II synthetic opiate

Onset: 45-60 seconds

Duration: 30-60 minutes

Dosing: 0.5-3.0 mcg/kg

Pros: Sympathetic attenuation, short acting, minimal histamine release.

Cons: inconsistent hemodynamic effects, may cause bradycardia in compromised patients, enhanced respiratory depression in pediatrics and geriatrics.

AVOID LARGE DOSES IN DECOMPENSATED SHOCK

99

Ketamine

Schedule III anesthetic

- Analgesic, anesthetic, and amnesic effects (cortex & limbic systems)
- Dissociative effects
- Stimulates sympathetic nervous system. DOES NOT INCREASE ICP OR BP
- Consider concomitant use of benzodiazepines

Onset: 20-40 seconds
 Duration: 10-20 minutes
 Dosing:****
 Pain 0.5-1.0 mg/kg
 Induction 1.0-2.0 mg/kg

Pros: Dissociative anesthesia, relaxes bronchial smooth muscle, use in hemodynamically unstable and septic patients is beneficial to MAP



Cons: Hypotension in doses > 1.5 mg/kg in catecholamine depleted patients, stimulates sympathetic nervous system, bronchial secretions, hallucinations possible.

100

Ketamine

Regional Protocol Indications

- Short-term management of pain and anxiety related to injury, immobilization, patient movement, or manipulation of injured extremities.
- Sedation, behavioral emergencies (IM), and med-assisted ETL.

Onset: 45-60 seconds
 Duration: 5-10 minutes IV

Pain 0.5-1.0 mg/kg IV/IO/IM/IN repeat q 5-10 min

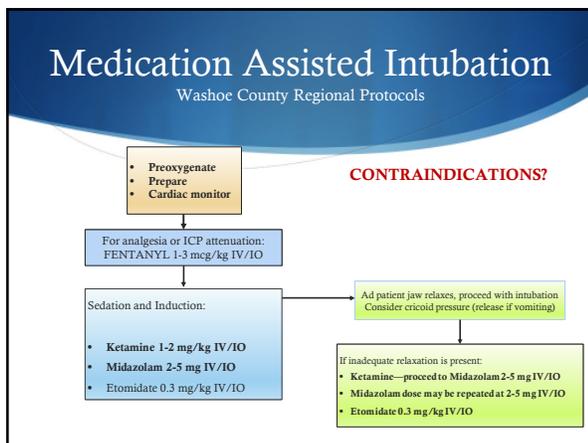
Sedation 1-2 mg/kg 4 mg/kg IM repeat q 10 pm

Pros: Dissociative anesthesia, relaxes bronchial smooth muscle, use in hemodynamically unstable and septic patients is beneficial to MAP

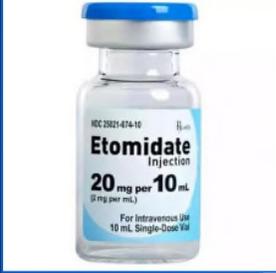


Cons: Hypotension in doses > 1.5 mg/kg in catecholamine depleted patients, stimulates sympathetic nervous system, bronchial secretions, hallucinations possible.

101



102



Etomidate Injection
20 mg per 10 mL
For Intravenous Use
10 mL Single-Use Vial

- Primarily a hypnotic with **NO analgesic properties**.
- Not for use in Sepsis patients
- GABA receptor inhibition gamma-aminobutyric acid
- Onset: 15-30 seconds
- Duration: 4-8 minutes
- Dosing: 0.3 mg/kg**
- Pros:** No histamine release, rapid onset and recovery, CPP protective, simple dosing
- Cons:** Pain on injection (propylene glycol), myoclonic movements on injection (not SZ's). Decrease in serum aldosterone and cortisol (adrenals) with multiple boluses or continuous use.

103



Rocuronium Bromide Injection
100 mg per 10 mL
10 mL Multi-Dose Vial

Nondepolarizing NMBA
Antagonistic agent which blocks acetylcholine (ACH) at the motor endplate.
Preferred for RSI due to similar duration profile to SCh.

Onset: 45-60 seconds
Duration: 40-60 minutes
Dosing: 1.0 mg/kg

Pros: Consistent onset of paralyzation, no fasciculations, no K⁺ release, so may not exacerbate rhabdomyolysis, hyperkalemia, etc.

Cons: longer onset & duration of action than SCh, may cause hypotension in larger doses, bronchospasm (not common).

104



VECURONIUM BROMIDE
10 mg
FOR INTRAVENOUS USE ONLY

Nondepolarizing NMBA
Antagonistic agent which blocks acetylcholine (ACH) at the motor endplate. Good use for continued paralysis.

Onset: 90-120 seconds
Duration: 40-60 minutes
Dosing: 0.1 mg/kg

Pros: No fasciculations or associated hyperkalemia

Cons: Prolonged duration of action, Myasthenia Gravis patients may experience extended duration of paralyzation for several hours

105



Depolarizing NMBA. Stimulates all nicotinic, and muscarinic cholinergic receptors of sympathetic and parasympathetic nervous system.

Onset: 20-60 seconds
Duration: 4-8 minutes
Dosing: 1.5 mg/kg IV**

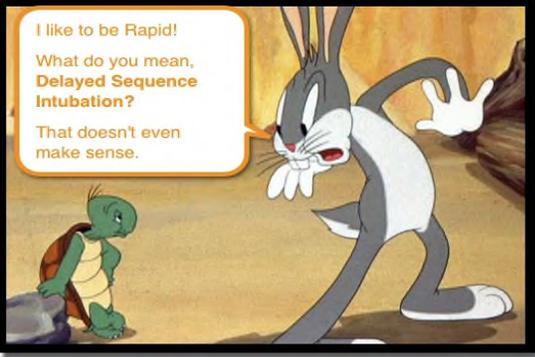
Pros: Short onset and duration of action.
Cons: Short duration of action, very dose specific, bradycardia, hyperkalemia- burns, infections, rhabdomyolysis, Guillain-Barre', MS, prolonged immobility, Meth toxicity. Most after 48 hrs.
Malignant Hyperthermia**

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New(er) Trends

- ❖ **Delayed Sequence Intubation (DSI)**
 - ❖ Many patients may require some sort of resuscitation and/or prior oxygenation prior to any sort of intubation or RSI/med-assisted attempt.
 - ❖ This may be due to chronic lung disease, trauma, or combative behavior where they will not tolerate oxygenation with a NRB or NC immediately prior to intubation.
 - ❖ A dose of Ketamine at 20-30 mg IVP will put them into a dissociative state, allowing pre-oxygenation with CPAP before intubation.***
 - ❖ RSI or med-assisted intubation is then performed as usual.

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I like to be Rapid!
What do you mean, Delayed Sequence Intubation?
That doesn't even make sense.

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Delayed Sequence Intubation

Delayed Sequence Intubation (DSI)

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graph TD; A[Delirious Patient with Hypoxia] --> B[Ketamine 1 mg/kg]; B --> C[Preoxygenate (Preferably with CPAP)]; C -- "2-3 minutes" --> D[Administer Paralytic]; D -- "45-60 seconds" --> E[Intubate];
```

Source: Dr. Weingart

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Delayed Sequence Intubation

WHEN DO YOU START HERE?

RSI

Preoxygenation

Oxygenation

TIME →

A CASE ON THE OF DELAYED SE INTUBATI...

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Positioning

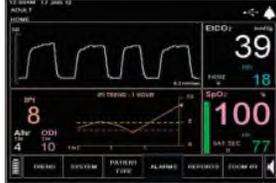
- Spinal immobilization precautions- open the collar
- Obesity
- Peds- sniff position

Ear-to-sternal notch

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Placement with Proof

- 20-40 seconds after Ketamine
- Check jaw flaccidity. Masseter muscle is last to relax.
- Intubate
- If adequate preoxygenation was achieved, you should have several minutes of safe apnea time.



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Post-intubation Management



- Confirm proper depth and secure the ETT with a commercial device. Check after every move.
- Secure head in neutral midline position. Elevate 15-30 degrees as necessary, especially w CHI
- Initiate mechanical ventilation
- Administer sedation q 10 minutes or pm

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Post-intubation Management

- Hypotension following intubation and ventilation may occur due to combined effects of induction meds and increased intrathoracic pressure.
- While it may be temporary or respond to fluids, always consider a more significant cause.
- **More than 10 seconds of hypotension with MAP < 90 mmHg or hypoxia doubles mortality in brain trauma patients!**
- Remember restraints, analgesia, and continuous sedation.

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Desaturation Considerations

- ❑ Be prepared, use most experience intubator and PREOXYGENATE!
- ❑ Term pregnant women desaturate < 95% in less than 3 minutes compared to non-pregnant. Positioning does not favorably affect the duration of apneic oxygenation in term pregnancy.
- ❑ Obese patients are similar, and desaturate quickly! Why?

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Causes of Post-RSI Hypotension

- ❑ Pneumothorax
- ❑ Decreased venous return
- ❑ Induction and sedation agents - iatrogenic
- ❑ Cardiogenic causes: AMI, ischemia, poor baseline condition, synergistic effect of induction meds with cardiac meds.

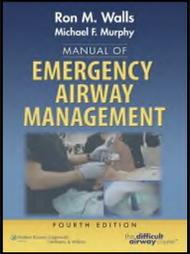
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Ventilator management

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Discussion?



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Thank-you for your attention.



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