

1

---

---

---

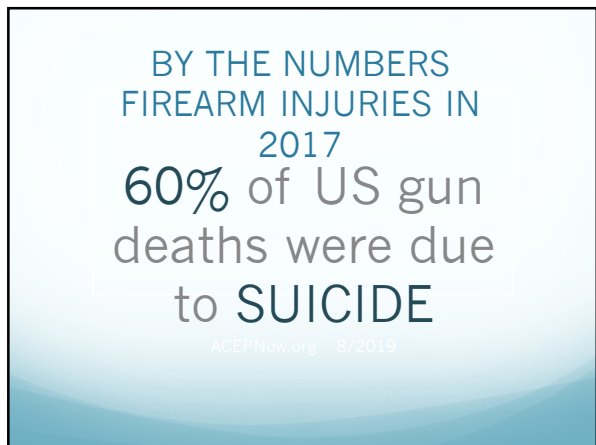
---

---

---

---

---



2

---

---

---

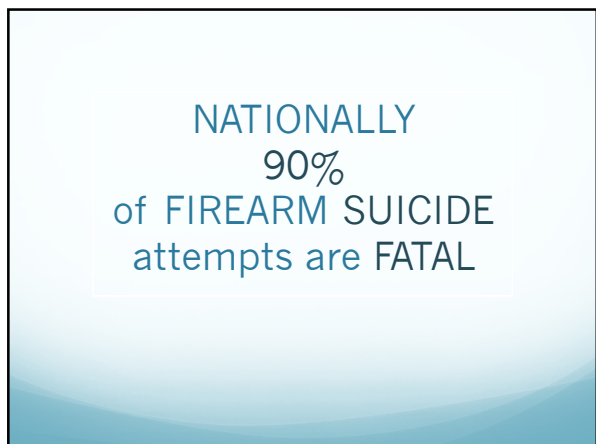
---

---

---

---

---



3

---

---

---

---

---

---

---

---

**Firearm Suicide Rates  
are Highest in the  
Intermountain Areas**  
Nevada, Utah, Idaho, Arizona, Colorado, New Mexico  
And Rural Areas

4

---

---

---

---

---

---

---

---

**Currently  
<50%**  
Of suicidal patients discharged  
home are asked about firearm  
access prior to discharge

5

---

---

---

---

---

---

---

---

**Nevada Seniors (65-85+)  
1999-2015  
Suicide Rates**  
**NEVADA 31.5**  
Wyoming 28.6  
Montana 25.7  
Oregon 23.3  
  
UNITED STATES 15.3  
  
Age-adjusted rate per 100,000  
population

6

---

---

---

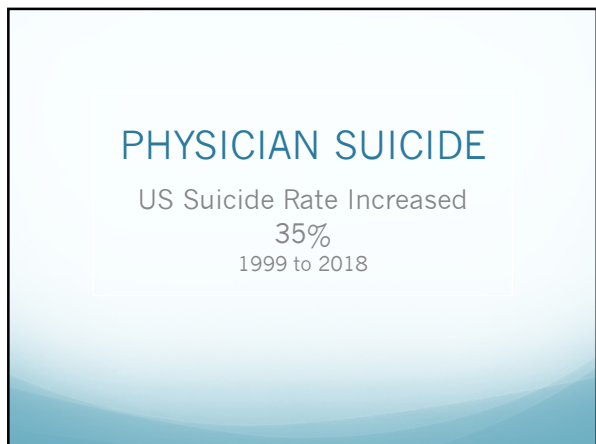
---

---

---

---

---



7

---

---

---

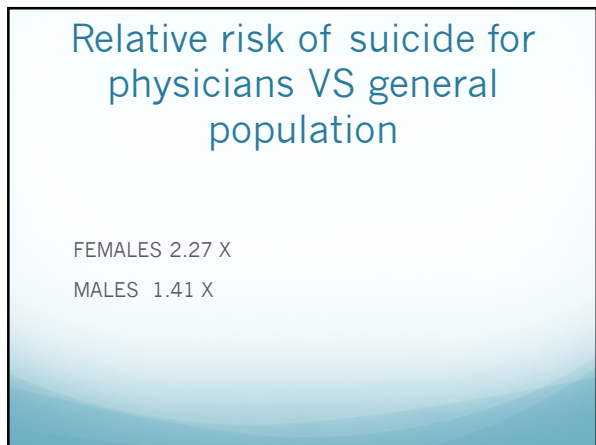
---

---

---

---

---



8

---

---

---

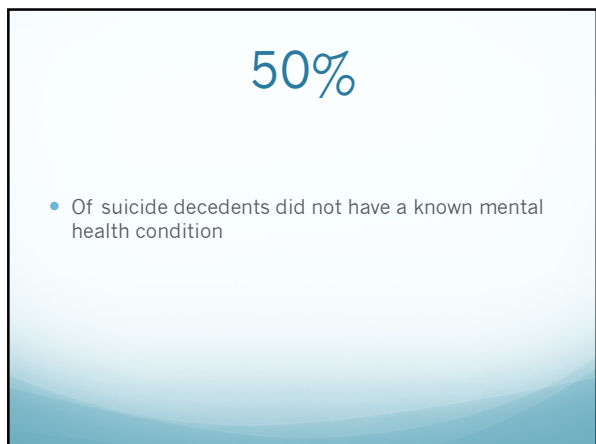
---

---

---

---

---



9

---

---

---

---

---

---

---

---

50%

- Of U.K. physicians would not seek professional outpatient help for mental illness

10

---

---

---

---

---

---

---

---

21.7%

- Essential workers have seriously considered **suicide** in the **past 30 days**.

11

---

---

---

---

---

---

---

---

**EMS SUICIDE THREAT**  
emsworld.com 2/2020

- EMS providers more likely to die by Suicide than non-EMS providers. Prehosp Emerg Care, 2018 Sept; 1-6
- 15% of firefighters had attempted suicide at least once in their lifetime. Clin Psychol Rev, 2016; 44: 25-44
- HIGH RISK for burnout, anxiety, depression, PTSD, and SUICIDE.

**YOU HAVE A VERY TOUGH JOB !**

12

---

---

---

---

---

---

---

---

### THE STUDY

- Anonymous Survey
- N = 903
- 20 different regional agencies
- July 2017- October 2017
- Fire based, private, hospital-based, third party services, and air-medical EMS agencies.

13

---

---

---

---

---

---

---

---

### THE RESULTS

- 31.3% increased risk for future suicidal behavior.
- 27.2% reported suicidal ideation in **past year**.  
7X higher than general population.
- RISK for Suicidal behavior M>F
- Increased risk included family history of depression or suicide.
- Top 3 stressors: Career, Finances, and Lack of Sleep

14

---

---

---

---

---

---

---

---

### THREE MAJOR PROBLEMS

- Lack of support from peers, supervisors, and the organization.
- Lack of resources within the EMS community.
- Need for downtime after difficult calls.

15

---

---

---

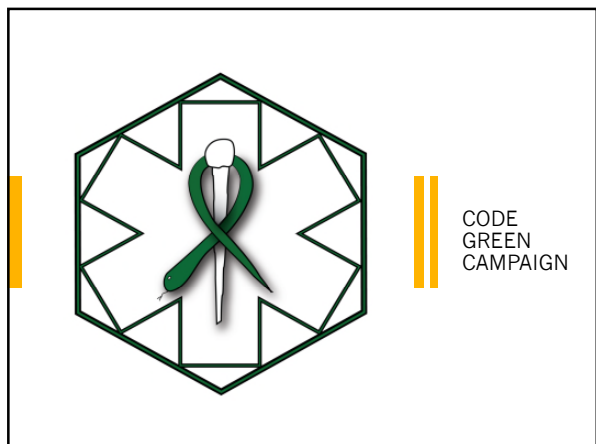
---

---

---

---

---



16

---

---

---

---

---

---

---

---