

# Welcome to the Zombie Apocalypse!

Tactical Mindset for Incident Response



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## Course Objectives:

- Improve situational awareness in treatment decision making
- Improve clinical decision skills in the early stages of a critical call
- Identify and treat emergent life threats effectively while maintaining scene awareness
- Teamwork and communication skills improvement
- RTF Response changes
- DON'T GET EATEN BY ZOMBIES!

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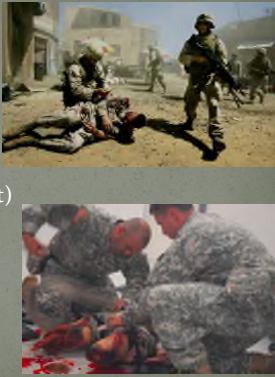
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## TCCC Principals

- Care under fire (Direct)
- Tactical Field Care (Indirect)
- CASEVAC Care (Evac)



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Rule 1. Evaluate your surroundings



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### Rule 2. Have a Plan!



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### Rule 3. Communicate Your Plan!

- RTF Response:
  - Contact Teams
  - Communication Channels
  - Unified Command!
  - RTF Teams
  - IC/Internal IC
  - Casualty CP



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### Rule 4. Address Immediate Life Threats



The collage consists of three photographs. The top-left photo shows a man with a visible chest wound, looking in pain. The top-right photo shows a dense crowd of people, some appearing to be in a state of panic or distress. The bottom photo shows a person lying on the ground being attended to by others, with the text 'And, hold it there.' overlaid on the image.

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### PREVENTABLE CAUSES OF COMBAT DEATH

- 60% Hemorrhage from extremity wounds
- 33% Tension pneumothorax
- 6% Airway obstruction e.g., maxillofacial trauma
- \* Data is extrapolated from Vietnam to present day Iraq and Afghanistan

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### Life Threats

- Bleeding control:
- Airway:
- Open or tension pneumo



The collage features three photographs. The top-left photo shows a close-up of a person's neck with a yellow and blue medical device. The top-right photo shows a person lying on the ground being treated by others. The bottom photo shows a person lying on a stretcher being treated by medical personnel.

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### Zombie Rule #20

It's a marathon not a sprint, Unless it is a sprint then sprint!



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### Femoral Bleed

• <https://www.youtube.com/watch?v=cqxy1bKBl14>

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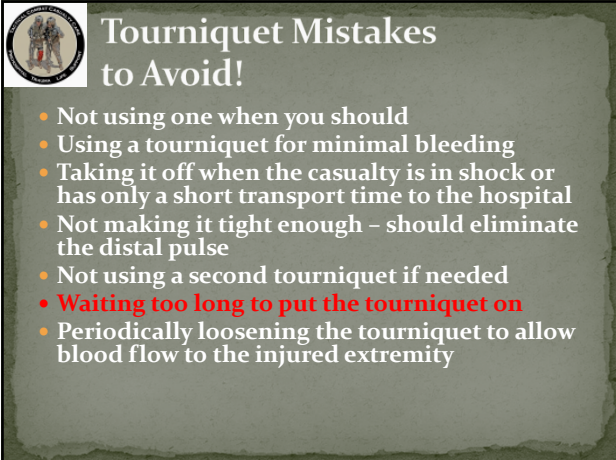
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**Tourniquet Mistakes to Avoid!**

- Not using one when you should
- Using a tourniquet for minimal bleeding
- Taking it off when the casualty is in shock or has only a short transport time to the hospital
- Not making it tight enough - should eliminate the distal pulse
- Not using a second tourniquet if needed
- **Waiting too long to put the tourniquet on**
- Periodically loosening the tourniquet to allow blood flow to the injured extremity

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**Rule #4 Reassess Your Situation**

- Has your situation changed
- Are your current treatments working
- Do you have more resources



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Two images showing fire scenes: the top one shows a close-up of flames and smoke, and the bottom one shows firefighters at a scene with a ladder and hoses.

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Zombie rule #22 When in doubt know your way out!



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Zombie Rule #1: CARDIO!



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Wound Packing



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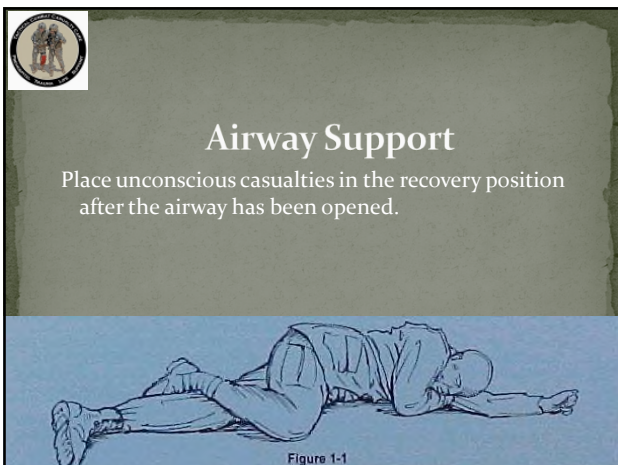
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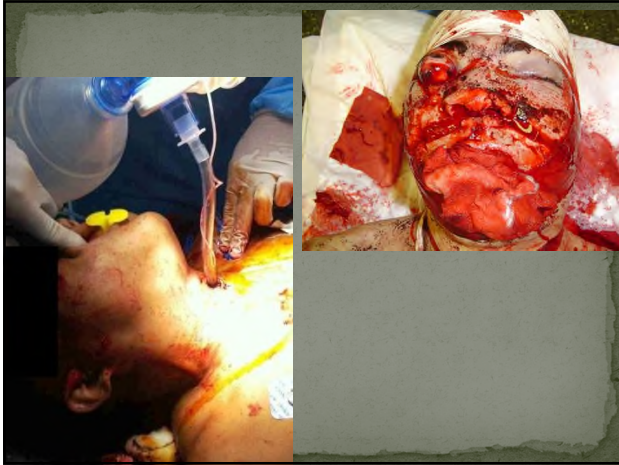
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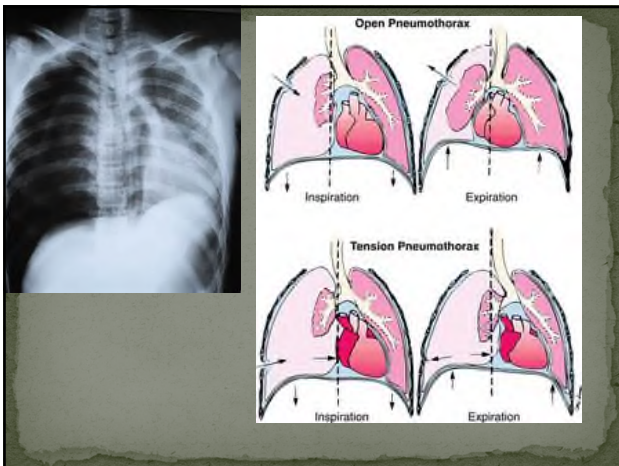
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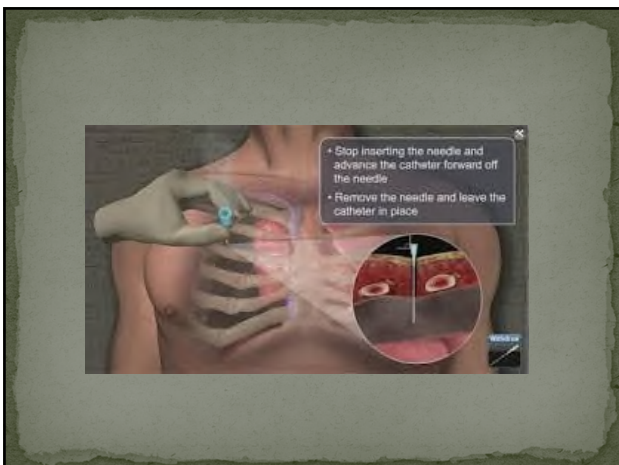
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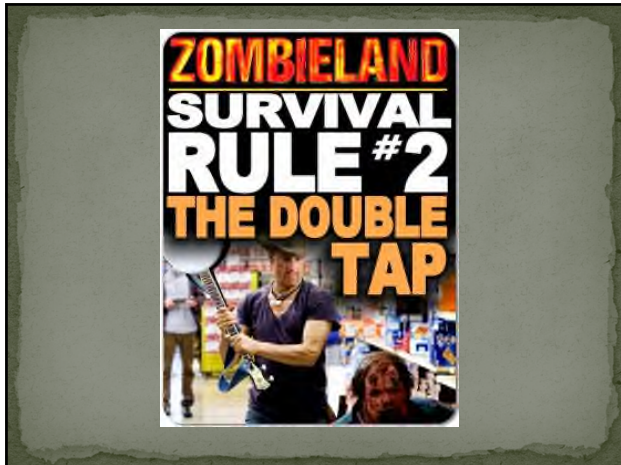
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